

Abstract

Case Study of physiotherapy treatment of a patient after L3/L4 disectomy

Objectives: The aim of the bachelor thesis is to create a complex perspective on a problem of herniated disc, on the course of disectomy and to propose following physiotherapy treatment after disectomy L3/L4.

Methods: The thesis is divided into two parts. The first part proposes the possibilities of the examination and the treatment of the herniated disc. The second part focuses on the individual case report about a patient after disectomy.

Results: The problems of the herniated disc were theoretically clarified. Clinical status of the patient has improved.

Keywords: Physiotherapy, Herniated disc, Intervertebral disc, disectomy